

IN THE SPECIFICATION:

On page 3 of the Substitute Specification following Paragraph [0011] please add the following:

Figure 6 is a detailed illustration of an annular disc in accordance with the present invention, the annular disc illustrated as a non-ferrous metal.

Figure 7 is a detailed illustration of an annular disc in accordance with the present invention, the annular disc illustrated as an anti-friction coating.

Figure 8 is a detailed illustration of an annular disc in accordance with the present invention, the annular disc illustrated as a plastic material.

On page 5 of the Substitute Specification, please amend Paragraph [0017] to read as follows:

According to one embodiment, the annular disc 22 is an iron material and comprises a coating of Molykote D321R or equivalent anti-friction lubricant coating 777. Before the coating is applied, the annular disc can be phosphated or sandblasted. In a further aspect, the annular disc is bronze or non-ferrous metal 22'. Finally, according to a further embodiment it is possible for the annular disc to be any suitable, high-resistance, optionally fiber-reinforced plastic 22".